



WRAP OF THE WEEK

Chicken Cutlet, Mac-N-Cheese
Bacon Bits, Cheddar
BBQ GLAZE

\$8.99 w/ Chips

PANINI OF THE WEEK

Fish Fillet
Melted Cheddar,
Cole Slaw, Sliced Pickles
Creamy Russian Dressing
w/ Bag Chips \$8.99

Wraps-\$9.95

w/ pasta salad, ff or chips Beverage
1- Chicken Cutlet, Grilled Boarshead
ham, Melted Swiss, Honey Mustard
2- Grilled Balsamic Chicken, Feta,
Baby Arugula, Tomatoes, Balsamic
Glaze

Grilled Paninis-\$9.95

w/ pasta salad, ff or chips + Beverage
3- Lamb Gyro, Feta, Red onions,
Tomatoes, Tzatziki Dressing
4- Cajun Grilled Shrimp, Avocado,
Arugula, Sundried Tomatoes, Ranch

WHOLE WHEAT PANINIS AVAILABLE

THE DELI -\$9.95

w/ chips, FF or Pasta salad-Beverage
5-Proscuitto, Fresh Mozz, Roasted
Peppers, Artichokes,Romaine, O+V on roll
6- Honey Turkey, Swiss Cheese,
Spinach, Tomatoes, Ranch on a Bagel

HEROS-\$9.95

w/ pasta salad, ff or chips + Beverage-
7- Boarshead Pepper Turkey,
Munster,Sliced Pickles Coleslaw,Russian
8- Chicken Cutlet, Fresh Mozzarella,
Proscuitto Baby Arugula w/
Roasted Pepper Dressing

Pastas-\$9.95

w/ salad, bread and beverage
9-Penne Alla Vodka
10-Meat Lasagna
11- BowTie Alfredo w/ Bacon

Homemade Soups-\$5.99 16oz

CHICKEN VEG- MINESTRONE
- BEEF BARLEY-SPLIT P-
Butter Nut Squash \$6.99

Famous Fried Chicken

2 Pieces-\$7.95 4 pieces\$9.95
Includes 1 Side:
Mashed Pot, Steamed Veggies
Broasted Potatoes or Pasta Salad
w/ can soda or sm water

Hero Of The Day \$9.99

Grilled Roastbeef w/ Fries
+ Melted Provolone, Gravy
On a Garlic Hero
w/ chips and a drink

Quesidillia Spec \$9.95

Eggplant Vodka Parm w/
melted Mozz on a
garlic Quesidillia
w/ nacho chips + can of your choice

Mikes Choice \$8.95

Buffalo Or BBQ Wings
w/ French Fries
w/ Iced T or Lemonade

THE RACHEL RAY \$9.95

13- Veggie Burger Wheat Roll
Fresh Avocados, Chipotle Dressing
Let, Tom Pepper Jack w/chips

 **SALADS**

Sm- \$8.95 Lq \$9.95

14- Turkey, Gorgonzola, Spinach,
tomatoes, onions, Provolone
Balsamic Vingrettes Dressing

15- Teriyaki Chicken, Swiss,
Romaine, tomatoes, Carrots-
Ranch Dressing

Asian Salad \$9.95

Asian Fried Chicken Dumplings
Baby Spinach, Sun Dried Tomatoes
Beets, Corn, Sun Flower Seeds
Creamy Goat Cheese,
Mandarin Ginger Dressing

16 Platter \$9.95

Lamb gyro w/
Greek Salad- Side Pita

ACAI BOWLS

Sm 6.99 Lg 8.99

With Blueberries,
Strawberries, Bananas,
granola, Coconut,Honey
Add on \$1.00 each
Nutella or Peanut Butter

BREAKFAST ALL DAY
Birthday Cake Waffle

\$6.95

Buon Giorno Panini

Potato Egg Cheese
\$6.99

THE FELICIA

Shaved Balsamic Chicken
Arugula w/ Bruschetta Salad
Roasted Pepper Dressing
Fresh Mozzarella
On a Grilled Foccacia

\$9.95

GRUB FATHER \$10.95

Philly Steak, Chopped onion
rings, Mac-n-Cheese, Swiss,
chipotle on garlic hero
w/ side pasta salad

#18 LETTUCE WRAP

Dry Tuna, Avocados,
Cucumbers, Carrots,
Honey Mustard
\$8.95 w/ pasta salad + Drink

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Chicken Salad, Swiss,
Pickles, Honey Mustard Wrap
\$8.95 w/ chips + Drink

GREEK CORNER \$10.95

700- Chicken Souvlaki w/
rice + Greek salad

#800- Broiled Tilapia w/
Greek salad and rice
Above Served w/ Pita